| RSHE | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|------|--|--|---|--|--|--|
| W | /eek 1 (3 Days) | Week 1 – PSHE Go-givers How do you | Week 1 – PSHE Go-givers Saving | Week 1 – Go-givers The Police and | Week 1 – PSHE | Week 1 – RSHE |
| Т | ransition | feel today? | Energy | What They Do | Health | EYFS Pupils understand the concept o |
| | laak 2 - RSHE | 0 0 | Week 2 - RSHE | Week 2 – PSHE | Go-givers – How do you feel today? | privacy, including the right to keep things private and the importance of respecting another person's right to |
| | | Safety (Will teach Fire Safety at Forest School). | EYFS Pupils know that different food | British Value: | Week 2 – PSHE | privacy. |
| | ule of Law | 56110017. | and drink contains varying amounts of sugar, explaining why it is | Mutual Respect | Health | NSPCC: What's in your Pants |
| R | ules You Can't do that here | Week 2 – PSHE | important to make healthier choices. | | Go-givers – Let's get active | Links to PSHE objectives keeping saf and looking after myself. |
| | | Environment: Recycling | | Week 3 – Asking for Help | | |
| W | /eek 3 - PSHE | | Week 3 – PSHE | | Week 3 – PSHE | Week 2 – PSHE |
| E, | YFS Pupils understand that 'family' | Week 3 - RSHE | British Value | Week 4 – RSHE | Community | Tolerance Tolerance |
| р | eople. | EYFS Pupils understand what being online may look like, the different | Revisit Rule of Law (Class Rules) | EYFS Pupils can identify a range of feelings and how these are expressed, including words to describe them and | Go-givers - Keeping Safe at home | (Educate against Hate) Go-givers – People who are |
| | occanics the popula I think of as part | and how to identify adults who can | Week 4 – RSHE & PSHE | simple strategies for managing feelings (RSHF) | NA DOUE | special to me? |
| | f my family. | help. (RSHE) | EYFS Pupils know the importance of basic personal hygiene and understand how hand washing helps | | Week 4 – PSHE British/Go-givers (DEBATE): Where | Week 3 - PSHE Water Safety |
| W | /eek 4 - RSHE | Week 4 – PSHE British Value: | to prevent the spread of germs, bacteria and viruses. | Week 5 – PSHE Health | do you stand? | Safeguarding/RNLI: |
| | YFS Pupils understand that there are | Democracy | Health | Go-givers – Healthy Eating (Links to Science) | Week 5 – <mark>British Value:</mark> | Stay together |
| e | veryone and can celebrate this. | Ga-givers — Vote for the Ga-givers | Go-givers – Why do we wash our hands? | Science) | Individual Liberty | Week 4 - PSHE |
| | | Week 5 – PSHE | Week 5 – PSHE | Week 6 – PSHE Safeguarding/Go-givers: Medicines | | Health/Sun Safe: Keeping Safe in the Sun |
| | ocial o-givers – Meet the Go-givers | EYFS Pupils can explain what first aid is and why it is important. | Character | and Drugs: Get Better Soon | | Week 5 – PSHE |
| | | Basic First Aid inc. 999 | Pastoral/Go-givers: Animals that Help One Another | | | Moving on – Transition to Y1 |
| W | /eek 6 - RSHE | | | | | |
| E, | YFS Pupils can recognise what they like and dislike, feeling empowered to make | Week 6 – PSHE | Week 6 - RSHE | | | Week 6 – PSHE |
| re | spectial and informed choices. | Local Community Go-givers – Who can help? | My Feelings | | | Moving on – Transition to Y1 |
| W | /eek 7 - PSHE | , | l can identify comfortable and uncomfortable feelings. (Educator | | | Week 7 – PSHE |
| E | nvironment: Pollution – litter picking. | Week 7 - EYFS Pupils can correctly position body parts. (Link to All About Me in Understanding the World). | Solutions) | | | Moving on – Transition to Y1 |
| W | /eek 8 - RSHE | | | | | |
| Fi | re Safety | | | | | |
| В | onfire Night – Staying Safe around Fire | | | | | |

| | Safeguarding Online | Safeguarding Online | Safeguarding Online | Safeguarding Online | Safeguarding Online | Safeguarding Online |
|--|---|---|--|--|---|--|
| | British /Go Givers: Rules British /Go Givers: What happens when | Safeguarding/Twinkl - Firework Safety (1 st week in November) | lies | Safeguarding/Fire Service: Fire Safety Environments/ Go Givers: Protecting | | Safeguarding/Twinkl: CFE Keeping Safe around Medicines (CS download) |
| | rules are broken British /Go Givers: Getting to Know You | Environment/ Go Givers – Plastic | Sticks and Stones | Local Habitats Environments/ Go Givers: Saving | Stay Together | Pastoral/Twinkl: Disability Awareness SRE/ School`s Out: Love (CS download) |
| | Pastoral/ Go Givers – Looking out for others | Characters/ Go Givers: The Power of | British/ Go Givers: Schools Out – Who do you love? NWA Yr1 Lesson 2: Caring Friendships | Character/ Go Givers: Resilience: | Slip/Slap/Slop | NWA Yr1 Lesson 6: My Body – External Body Parts |
| | British/ Go Givers: Exploring our Community NWA Yr1 Lesson 3: Respectful | ′' | NWA Yr1 Lesson 4: Online | NWA Yr1 Lesson 5: Being Safe – Able to Ask for Help | your Pants` | NWA Yr2 Lesson 6: My Body – Developing and Growing NWA Yr2 Lesson 7: Health and |
| | Relationships – Similarities and Differences | NWA Yr2 Lesson 10 – Basic First Aid | relationships/ internet safety and harms – Sharing Photos NWA Yr2 Lesson 1: Families and | | Health/ Go Givers: Chicken Soup – Link to digestion (Jewish Tale) | Prevention – Germs and Diseases NWA Yr2 Lesson 2: Caring Friendships |
| | | Different Bullying | People who Care for me – Different Families and Love | | NWA Yr1 Lesson 9: Health and Prevention – Teeth NWA Yr2 Lesson 9: Healthy Eating | – Secrets and Surprises NWA Yr2 Lesson 5: Being Safe – Safe/ |
| | | | NWA Yr2 Lesson 4: Online Relationships/ Internet Safety and Harm – Sharing Information | | (Gogivers alt.) | Unsafe Touches Peer on Peer Video |
| | Safeguarding Online | Safeguarding Online | Safeguarding Online | Safeguarding Online | Safeguarding Online | Safeguarding Online |
| | British /Go Givers: Rules British /Go Givers: Playground Rules | Safeguarding/Twinkl - Firework Safety (1st week in November) | vou stand? | Safeguarding/ Fire Service: Fire Safety But the safety states and safety states. Environment/ Go Givers: Litter- The | | Character/ Go Givers: The Selfish Little Red Hen |
| | British /Go Givers: Getting to Know You | Pastoral/ Go Givers: Caring for Pets | Expedition to Planet Blueball | Picnic 4. Character/ Go Givers: Lesson – Difficult | Sun Safe Superstar plus Slip/Slap/Slop | Character/ Go Givers: The Two Brothers World/ Go Givers: World Female Ranger |
| | | Character/ Go Givers: Taking Responsibility | Different Talents | Decisions 5. Well-Being/ Go Givers: How do you feel today? | Pants` British/ Go Givers: Vote for the Go Givers | Day (June 23 rd) British/ Go Givers: What is the law? |
| | NWA Yr 1 Lesson 1 : Families and people who care for me – Special People (Go- givers: People who are special to me) | Character/ Go Givers: Caring for our Community | Character/ Go Givers: The Power of Words | 6. NWA Yr1 Lesson 5: Being Safe- Able to ask for help | British Parliament – What is Parliament? | Safeguarding/ NSPCC: What's in your Pants NWA Yr1 Lesson 6: My Body – External |
| | NWA Yr 2 Lesson 3: Respectful relationships – Self –esteem, Strengths, Goals | NWA Yr2 Lesson 8: Mental Wellbeing – | 1 | 7. NWA Yr1 Lesson 7 Mental Wellbeing- Different Feelings | NWA Yr2 Lesson 2: Caring Friendships – Secrets and Surprises | Body Parts NWA Yr2 Lesson 6: My Body – Developing |
| | NWA Yr 1 Lesson 8: Physical health and fitness – importance of | Peer on Peer Pressure | | | NWA Yr2 Lesson 5: Being Safe – Safe/ Unsafe Touches | and Growing NWA Yr2 Lesson 7: Health and Prevention — links to Science Germs /Diseases (Gogivers alt. Why do we wash our hands) |
| | | | | | | |

| Year 3 – 4 | _ | 1.Safeguarding/Online: Online | 1.Safeguarding/Online: Online | | 1.Safeguarding/Online: Health, Well- | 1.Safeguarding/Online: Privacy and |
|------------|--|---|--|---|---|--|
| Year A | British/Go-givers: Your Amazing Brain: | Relationships | Reputation | Information | Being and Lifestyle | Security |
| | Becoming a Resilient Learner | 2. World-view/Go-givers & Educate | 2. British/Go-givers: Rights and | 2. British/Go-givers: The Golder Rule: | 2. Norfolk Heritage: Captain Vancouver | |
| | | | 1 | Multi-Faith Values (Link to Religious | | 2. Equality / NWA Y3-1: Families and |
| | 2. NWA Y3-7: Mental wellbeing – Self | - Gamer Canada | | Conflict) | Safeguarding/RNLI: Water Safety | people who care for me – different |
| | Esteem Goals NWA Y4-7: Mental wellbeing | 3. RSHE Tricky Friends Video – Peer | Rights/Taxation) | 30.1,, | Passport | families same love. Equality / NWA Y4-1 : |
| | Recognise and respond to theirs/others | pressure (Anti-Bullying Week) | angine, remember, | 3. Character/Go-givers: Mediation | 4. Safeguarding/ RNLI: The Day I Fell In | Families and people who care for me – |
| | emotions | | 3. Equality/Go-givers: Rio Meets Callum | Resolving Conflict (Links to Religious | 4. Saleguarding/ KNLI: The Day Frentin | Marriage including same sex marriage |
| | | o i | li i | Conflicts) | 5. Safeguarding/ NWA Y3-10: Health and | |
| | 3. NWA Y3-8: Physical Health and fitness – | resolution Health/Go-givers: Stressed Out | Equality /Go-givers – The Gift of Sight | 4. British/Go-givers: DEBATE – Should | prevention – Sun safe | 3. NWA Y3-3: Respectful relationships – |
| | | NWA Y4-2 Caring friendships – Peer | 4. British/Go-givers: Invaders and | Adults be allowed to smack children? | | Stereotypes |
| | | pressure | | Adults be allowed to smack children? | NWA Y4-10: Health and prevention – | |
| | | | Settlers: Coming to Britain | 5. British/Educate Against Hate: The | Keeping Clean | Equality/ NWA Y4-3: Respectful |
| | 4. Health/Go-givers: Obesity (Links to | 4. NWA Y3 L9 Drugs, alcohol and tobacco | E. Buitish /Educata Assistat Hate | Beatles – Links to Music | | relationships - different families same |
| | Science) | | 5. British/Educate Against Hate: | | | love. |
| | | NWA Y4 L9 Drugs, alcohol and tobacco | Community Dance | 6. Norfolk Heritage: Local Area including | | |
| | 5. Safeguarding: Clever never Goes | | | waterways and port (Links to Hansa, Water | | 4. NWA Y3-6: My Body –Changing bodies |
| | (annually) | K Rritish/Parliament: Rontire Night (111) | 6. Norfolk Heritage: Hanseatic League | Cycle) | | and emotions NWA Y4-6: Changing |
| | | Fawkes | and the Treaty of Utrecht | | | adolescent body |
| | Identity | | | | | |
| | • | 6. NWA Y3-11 Basic first aid | | | | 5. Safeguarding/ NWA Y3-4: Online |
| | | | | | | relationships – Secrets and Surprises NWA |
| | | 7. Safeguarding/St. John's : Big First Aid | | | | Y4-4: Online relationships- – Risks with |
| | | Lesson Autumn 2015 – burns, cuts, | | | | social media and how to get help |
| | | diabetes and slings | | | | |
| | | and stress and simbo | | | | 6. Safeguarding/ NWA Y3-5 Being safe – |
| | | | | | | Safe Touches NWA Y4-5: Being safe – |
| | | | | | | Public, Private, Touches |
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| | | 1.Safeguarding/Online Safety Project | 1.British/Go-givers (DEBATE): Where do | 1.Environment/Go-giver: The Value of | 1.Safeguarding/Online: Health, Well- | 1.Safeguarding/Online: Privacy and |
| | | Evolve: Online Relationships | you stand? (Links to Persuasive Letter) | Trees | Being and Lifestyle | Security |
| | Resilient Learner | | 2 Environment/Go givers Protesting | 2 Safaguarding (Online) Managing Online | 2 Pritich /Go givers: The Ougan: A Life | |
| | 2.British/Parliament: The Union Jack | 2.RSHE - Caring friendships – conflict | 2.Environment/Go-givers: Protecting local Habitats | | 2.British/Go-givers: The Queen: A Life | 2. Equality / NWA Y3-1: Families |
| | Norfolk Heritage: Norfolk Flag – Ralph de | resolution, peer pressure | iocai Habitats | Information | of Giving | and people who care for me – |
| | Gaël | | 3.Environment/Go-givers: The Earth in | 3.British/Educate Against Hate: Trusting | 3.British/Parliament: Debating Pack | different families same love. |
| | | 3.British/Go-givers: Democracy Pt1 (Links | Our Hands | HTML (Links to Computing) | | Equality / NWA Y4-1: Families and |
| | | to Crook Domooragul British /Educate | 4 Favirona ant/Co. sivere Oil Disector in | | 4.Safeguarding/RNLI: Fly the Flag (Links | people who care for me – Marriage |
| | _ | Against Hate, Crack Domestage | the Gulf of Mexico – Links with Ecology | 4.Safeguarding/Fire Safety: Detection and | with Union Jack & RSHE) | including same sex marriage |
| | | | and Water Cycle | Escape | 5.Y3 Safeguarding/ Sun Safety: George | |
| | 4. Sateguarding: Ciever never Goes - | l Saleguarania, do givers. Teer i ressure. | and water cycle | | and the Sun Safe Superstar | 3. NWA Y3-3: Respectful |
| | replaces Stranger Danger approach | It's Your Choice (Links to Online Safety) | 5.Norfolk Heritage: The Siege of Lynn by | prevention – Microorganisms Keeping | and the sun suite superstar | relationships –Stereotypes |
| | | | Sir Hamon Le Strange of Hunstanton | Clean | 6.Norfolk Heritage: The Plague in King's | |
| | Notice 13 i flysical ficaltif and fittless Notice | S. KSHE. THERY THEHAS TEEL PLESSAILE | on Hamon Le Strange of Hunstanton | leicuit | Lynn | Equality/ NWA Y4-3: Respectful |
| | Y4 Healthy Eating revision (Links Science) | (Links to Anti-Bullying Week) | 6 Sofoguarding /Online: Online | | | relationships - different families |
| | | | 6.Safeguarding/Online: Online | | | same love. |
| | 6 Safeguarding/Online Safety Self-Image | 6. Safeguarding/RSHE: Basic first aid | Reputation | | | |
| | and Identity World-view/Go-givers: | | | | | 4. NWA Y3-6: My Body –Changing |
| | Healthcare: Improving Life Chances | | | | | bodies and emotions NWA Y4-6: |
| | | | | | | Changing adolescent body |
| | | | | | | 3 3 |
| | | | | | | |

| Year 5 – 6 Year B | Becoming a Resilient Learner 3. Pastoral/Go-givers: Bereavement - Treasure Memories (Links with Growth stages) 4. Safeguarding/Go-givers — Internet Detectives (Online Safety) 5. Project Evolve — Yr 5 Health, wellbeing and lifestyle (Online safety) 6. Safeguarding/RSHE: Basic first aid | System (Linked to Workhouses and Victorian Reform) 2. World-view/Go-givers: The Right to Education (Links to Victorian Reform) 3. World-view/Go-givers: The GAP Exposed: Child Labour 4. World-view/Go-givers: Strong Societies (Links with Australia) 5. World-view/Go-givers: Child Slavery: All for Profit | Health/Go-givers: Understanding Cancer British/Go-givers: Independence for Scotland Environment/Go-givers: Climate Change (Links to Sustainable Development) British/Go-givers – The Troubles in Northern Island (Links to Scotland) | 2. Pastoral/Go-givers: Seeking a Refuge 3. British/Go-givers: Moral Values: When is Enough, Enough? (Links to WWII) 4. World View/Go-givers: The Food Shortage(WWII) 5. Safeguarding/RNLI – Cold Water Impact 6. Project Evolve: Yr5 Managing online information (Online Safety) | 1. British/Go-givers: Rights and Responsibilities: Freedom (Links to Bill of Rights and Central America) 2. British/Parliament: The Creation of Parliament 3. British/Parliament: Magna Carta (Links to Human Right) 4. Project Evolve: Yr5 Self-image And identity (Online Safety) 5. RSHE: Families and people who care for me &Caring friendships 6. RSHE: Respectful relationships & Online relationships/ Internet safety | 5. Safeguarding/ NWA Y3-4: Online relationships— Secrets and Surprises NWA Y4-4: Online relationships— Risks with social media and how to get help 6. Safeguarding/ NWA Y3-5 Being safe — Safe Touches NWA Y4-5: Being safe — Public, Private, Touches 1. British/School Out: Internalised Discrimination 2. Safeguarding/RSHE: Being safe 3. RSHE: Changing adolescent body (Yr5), Sex and reproduction (Yr6) 4. Well-being/RSHE Mental wellbeing & Physical health and fitness 5. Safeguarding/RSHE: Drugs, alcohol and tobacco (Year 6) DART 6. Project Evolve: Yr5 Online Relationships (Online Safety) |
|----------------------|--|---|---|--|--|--|
| Year 5 – 6 Year A | Safeguarding/Go-givers: Rules Safeguarding/Go-givers: Your Amazing Brain: Becoming a Resilient Learner Safeguarding/Go-givers: Microorganisms (Links to Classification) World-view/Go-givers: Mary Seacole and Florence Nightingale: Pioneering Nurses (Links to Microorganism and hygiene) British/Go-givers: Scapegoat (Islamic beliefs) Project Evolve: Yr6 Health, well-being and lifestyle (Online safety) Safeguarding/RSHE: Basic first aid | | Project Evolve: Yr5 Online Bullying (Online Safety) World-view/Go-givers – How Should we Farm? SRE/Schools Out: Keith Haring Art (Links with Art & LGBT Month Feb) British/Go-givers: Righting Wrongs - Discriminating against gay people World-view/Go-givers: The Immigration Debate (Links to British Empire) Safeguarding/Go-givers: Drugs, Alcohol and the Law (links with the BE) Project Evolve: Yr6 Online Bullying (Online Safety) | | British/Parliament: WW1 and Parliament British/Go-givers: Tax Part 1- 3 3. British/Go-givers: Individual Liberty 4. Project Evolve: Yr6 Self- image and identity (Online Safety) 5. RSHE: Families and people who care for me &Caring friendships 6. RSHE: Respectful | British/Parliament: Suffragettes RSHE: Being safe RSHE: Changing adolescent body (Yr5), Sex and reproduction (Yr6) RSHE Mental wellbeing & Physical health and fitness RSHE: Drugs, alcohol and tobacco (Year 6) DART Project Evolve: Yr6 Online Relationships (Online Safety) |