

PSHE RSHE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<p>Week 1 (3 Days) Transition</p> <p>Week 2 - RSHE British Values: Rule of Law Rules You Can't do that here</p> <p>Week 3 - PSHE EYFS Pupils understand that 'family' means different things to different people. <i>Link to PSHE objectives & RE</i> Recognise the people I think of as part of my family.</p> <p>Week 4 - RSHE EYFS Pupils understand that there are similarities and differences between everyone and can celebrate this.</p> <p>Week 5 - PSHE Social Go-givers – Meet the Go-givers</p> <p>Week 6 - RSHE EYFS Pupils can recognise what they like and dislike, feeling empowered to make respectful and informed choices.</p> <p>Week 7 - PSHE Environment: Pollution – litter picking. (The Messy Magpie story).</p> <p>Week 8 - RSHE Fire Safety Bonfire Night – Staying Safe around Fire</p>	<p>Week 1 – PSHE Go-givers How do you feel today?</p> <p>Safeguarding/Fire Service: Fire Safety (Will teach Fire Safety at Forest School).</p> <p>Week 2 – PSHE Environment: Recycling</p> <p>Week 3 - RSHE EYFS Pupils understand what being online may look like, the different feelings they can experience online and how to identify adults who can help. (RSHE)</p> <p>Week 4 – PSHE British Value: Democracy Go-givers – Vote for the Go-givers</p> <p>Week 5 – PSHE EYFS Pupils can explain what first aid is and why it is important. Basic First Aid inc. 999</p> <p>Week 6 – PSHE Local Community Go-givers – Who can help?</p> <p>Week 7 - EYFS Pupils can correctly position body parts. (Link to All About Me in Understanding the World).</p>	<p>Week 1 – PSHE Go-givers Saving Energy</p> <p>Week 2 - RSHE EYFS Pupils know that different food and drink contains varying amounts of sugar, explaining why it is important to make healthier choices.</p> <p>Week 3 – PSHE British Value Revisit Rule of Law (Class Rules)</p> <p>Week 4 – RSHE & PSHE EYFS Pupils know the importance of basic personal hygiene and understand how hand washing helps to prevent the spread of germs, bacteria and viruses.</p> <p>Health Go-givers – Why do we wash our hands?</p> <p>Week 5 – PSHE Character Pastoral/Go-givers: Animals that Help One Another</p> <p>Week 6 - RSHE My Feelings I can identify comfortable and uncomfortable feelings. (Educator Solutions)</p>	<p>Week 1 – Go-givers The Police and What They Do</p> <p>Week 2 – PSHE British Value: Mutual Respect</p> <p>Week 3 – Asking for Help</p> <p>Week 4 – RSHE EYFS Pupils can identify a range of feelings and how these are expressed, including words to describe them and simple strategies for managing feelings. (RSHE)</p> <p>Week 5 – PSHE Health Go-givers – Healthy Eating (Links to Science)</p> <p>Week 6 – PSHE Safeguarding/Go-givers: Medicines and Drugs: Get Better Soon</p>	<p>Week 1 – PSHE Health Go-givers – How do you feel today?</p> <p>Week 2 – PSHE Health Go-givers – Let's get active</p> <p>Week 3 – PSHE Community Go-givers - Keeping Safe at home</p> <p>Week 4 – PSHE British/Go-givers (DEBATE): Where do you stand?</p> <p>Week 5 – British Value: Individual Liberty</p>	<p>Week 1 – RSHE EYFS Pupils understand the concept of privacy, including the right to keep things private and the importance of respecting another person's right to privacy. NSPCC: What's in your Pants Links to PSHE objectives keeping safe and looking after myself.</p> <p>Week 2 – PSHE Tolerance (Educate against Hate) Go-givers – People who are special to me?</p> <p>Week 3 - PSHE Water Safety Safeguarding/RNLI: Stay together</p> <p>Week 4 - PSHE Health/Sun Safe: Keeping Safe in the Sun</p> <p>Week 5 – PSHE Moving on – Transition to Y1</p> <p>Week 6 – PSHE Moving on – Transition to Y1</p> <p>Week 7 – PSHE Moving on – Transition to Y1</p>

<p>Year 1 -2 Year A</p>	<p>Safeguarding Online British /Go Givers: Rules British /Go Givers: What happens when things are broken British /Go Givers: Getting to Know You Pastoral/ Go Givers – Looking out for others British/ Go Givers: Exploring our community NWA Yr1 Lesson 3: Respectful relationships – Similarities and Differences</p>	<p>Safeguarding Online Safeguarding/Twinkl - Firework Safety (1st week in November) Safeguarding / Brake – Beep Beep Day Environment/ Go Givers – Plastic Pollution Characters/ Go Givers: The Power of Living (Japanese Tale) Yr1 Relationships – Yasmin and Tom – Lesson 1 Stereotypes NWA Yr2 Lesson 10 – Basic First Aid NWA Yr2 Lesson 8: Mental Wellbeing – Different Bullying</p>	<p>Safeguarding Online Character/ Go Givers: Anna`s Monster British/ Go Givers: Name Calling – Rocks and Stones British/ Go Givers: Schools Out – Who do you love? NWA Yr1 Lesson 2: Caring Friendships Resolving Disagreements NWA Yr1 Lesson 4: Online relationships/ internet safety and harms Sharing Photos NWA Yr2 Lesson 1: Families and people who Care for me – Different families and Love NWA Yr2 Lesson 4: Online relationships/ Internet Safety and Harm Sharing Information</p>	<p>Safeguarding Online Safeguarding/Fire Service: Fire Safety Environments/ Go Givers: Protecting Local Habitats Environments/ Go Givers: Saving Energy Character/ Go Givers: Resilience: Bouncing Back NWA Yr1 Lesson 5: Being Safe – Able to ask for Help</p>	<p>Safeguarding Online Safeguarding/ RNLI: Water Safety Passport Safeguarding/ RNLI: Water Safety – Stay Together Safeguarding/ Sun Safety – George the Sun Safe Superstar plus Slip/Slap/Slop Safeguarding/ NSPCC: `What`s in your pants` Health/ Go Givers: Chicken Soup – Link to digestion (Jewish Tale) NWA Yr1 Lesson 9: Health and Prevention – Teeth NWA Yr2 Lesson 9: Healthy Eating (Gogivers alt.)</p>	<p>Safeguarding Online Safeguarding/Twinkl: CFE Keeping Safe around Medicines (CS download) Pastoral/Twinkl: Disability Awareness SRE/ School`s Out: Love (CS download) NWA Yr1 Lesson 6: My Body – External Body Parts NWA Yr2 Lesson 6: My Body – Developing and Growing NWA Yr2 Lesson 7: Health and Prevention – Germs and Diseases NWA Yr2 Lesson 2: Caring Friendships – Secrets and Surprises NWA Yr2 Lesson 5: Being Safe – Safe/ Unsafe Touches Peer on Peer Video</p>
<p>Year 1 – 2 Year B</p>	<p>Safeguarding Online British /Go Givers: Rules British /Go Givers: Playground Rules British /Go Givers: Getting to Know You SRE/Go Givers – More than one friend British/ Go Givers: Caring for our communities NWA Yr 1 Lesson 1 : Families and people who care for me – Special People (Gogivers: People who are special to me) NWA Yr 2 Lesson 3: Respectful relationships – Self –esteem, Strengths, Goals NWA Yr 1 Lesson 8: Physical health and fitness – importance of</p>	<p>Safeguarding Online Safeguarding/Twinkl - Firework Safety (1st week in November) Safeguarding / Brake – Beep Beep Day Pastoral/ Go Givers: Caring for Pets Character/ Go Givers: Taking Responsibility Character/ Go Givers: Caring for our community NWA Yr1 Lesson 10: Basic First Aid NWA Yr2 Lesson 8: Mental Wellbeing – Different Bullying Peer on Peer Pressure</p>	<p>Safeguarding Online British /Go Givers: Debate – Where do you stand? Environment/ Go Givers: Pollution- Expedition to Planet Blueball British/School`s Out- Different people Different Talents Well-Being/ Go Givers: I am Unique Character/ Go Givers: The Power of Words NWA Yr1 Lesson 4: Online relationships/ internet safety and harms- sharing information</p>	<p>1. Safeguarding Online 2. Safeguarding/ Fire Service: Fire Safety 3. Environment/ Go Givers: Litter- The Picnic 4. Character/ Go Givers: Lesson – Difficult Decisions 5. Well-Being/ Go Givers: How do you feel today? 6. NWA Yr1 Lesson 5: Being Safe- Able to ask for help 7. NWA Yr1 Lesson 7 Mental Wellbeing- Different Feelings</p>	<p>Safeguarding Online Safeguarding/ RNLI: Water Safety Passport Safeguarding/ Sun Safety – George the Sun Safe Superstar plus Slip/Slap/Slop Safeguarding/ NSPCC: `What`s in your pants` British/ Go Givers: Vote for the Go Givers British Parliament – What is Parliament? British Parliament – Suffragettes NWA Yr2 Lesson 2: Caring Friendships – Secrets and Surprises NWA Yr2 Lesson 5: Being Safe – Safe/ Unsafe Touches NWA Yr2 Lesson 9: Healthy Eating (Gogivers alt.)</p>	<p>Safeguarding Online Character/ Go Givers: The Selfish Little Red Hen Character/ Go Givers: The Two Brothers World/ Go Givers: World Female Danger Day (June 23rd) British/ Go Givers: What is the Law? Safeguarding/ NSPCC: What`s in your pants NWA Yr1 Lesson 6: My Body – External Body Parts NWA Yr2 Lesson 6: My Body – Developing and Growing NWA Yr2 Lesson 7: Health and Prevention – links to Science Germs Diseases (Gogivers alt. Why do we wash our hands)</p>

<p>Year 3 – 4 Year A</p>	<p>1. British/Go-givers: Rules British/Go-givers: Your Amazing Brain: Becoming a Resilient Learner</p> <p>2. NWA Y3-7: Mental wellbeing – Self Esteem Goals NWA Y4-7: Mental wellbeing – Recognise and respond to theirs/others emotions</p> <p>3. NWA Y3-8: Physical Health and fitness – Importance of NWA Y4-8: Healthy Eating Year 2 did KS1 toolkit.</p> <p>4. Health/Go-givers: Obesity (<i>Links to Science</i>)</p> <p>5. Safeguarding: Clever never Goes (annually)</p> <p>6. Safeguarding/Online: Self-Image and Identity</p>	<p>1.Safeguarding/Online: Online Relationships</p> <p>2. World-view/Go-givers & Educate Against Hate: Fairtrade</p> <p>3. RSHE Tricky Friends Video – Peer pressure (Anti-Bullying Week)</p> <p>3. NWA Y3-2 Caring friendships – conflict resolution Health/Go-givers: Stressed Out NWA Y4-2 Caring friendships – Peer pressure</p> <p>4. NWA Y3 L9 Drugs, alcohol and tobacco NWA Y4 L9 Drugs, alcohol and tobacco</p> <p>5. British/Parliament: Bonfire Night Guy Fawkes</p> <p>6. NWA Y3-11 Basic first aid</p> <p>7. Safeguarding/St. John’s: Big First Aid Lesson Autumn 2015 – burns, cuts, diabetes and slings</p>	<p>1.Safeguarding/Online: Online Reputation</p> <p>2. British/Go-givers: Rights and Responsibility: Getting the Balance Right (DEBATE) (<i>Links to Online Safety/Bill of Rights/Taxation</i>)</p> <p>3. Equality/Go-givers: Rio Meets Callum (Royal National Institute of Blind People) Equality /Go-givers – The Gift of Sight</p> <p>4. British/Go-givers: Invaders and Settlers: Coming to Britain</p> <p>5. British/Educate Against Hate: Community Dance</p> <p>6. Norfolk Heritage: Hanseatic League and the Treaty of Utrecht</p>	<p>1.Safeguarding/Online: Managing Online Information</p> <p>2. British/Go-givers: The Golder Rule: Multi-Faith Values (<i>Link to Religious Conflict</i>)</p> <p>3. Character/Go-givers: Mediation Resolving Conflict (<i>Links to Religious Conflicts</i>)</p> <p>4. British/Go-givers: DEBATE – Should Adults be allowed to smack children?</p> <p>5. British/Educate Against Hate: The Beatles – Links to Music</p> <p>6. Norfolk Heritage: Local Area including waterways and port (<i>Links to Hansa, Water Cycle</i>)</p>	<p>1.Safeguarding/Online: Health, Well-Being and Lifestyle</p> <p>2. Norfolk Heritage: Captain Vancouver</p> <p>3. Safeguarding/ RNLI: Water Safety Passport</p> <p>4. Safeguarding/ RNLI: The Day I Fell In</p> <p>5. Safeguarding/ NWA Y3-10: Health and prevention – Sun safe</p> <p>NWA Y4-10: Health and prevention – Keeping Clean</p>	<p>1.Safeguarding/Online: Privacy and Security</p> <p>2. Equality / NWA Y3-1: Families and people who care for me – different families same love. Equality / NWA Y4-1: Families and people who care for me – Marriage including same sex marriage</p> <p>3. NWA Y3-3: Respectful relationships – Stereotypes</p> <p>Equality/ NWA Y4-3: Respectful relationships - different families same love.</p> <p>4. NWA Y3-6: My Body –Changing bodies and emotions NWA Y4-6: Changing adolescent body</p> <p>5. Safeguarding/ NWA Y3-4: Online relationships– Secrets and Surprises NWA Y4-4: Online relationships- – Risks with social media and how to get help</p> <p>6. Safeguarding/ NWA Y3-5 Being safe – Safe Touches NWA Y4-5: Being safe – Public, Private, Touches</p>
<p>Year 3 – 4 Year B</p>	<p>1.British/Go-givers: Rules British/Go-givers: Your Amazing Brain: Becoming a Resilient Learner</p> <p>2.British/Parliament: The Union Jack Norfolk Heritage: Norfolk Flag – Ralph de Gaël</p> <p>3. RSHE - Mental wellbeing – Self Esteem Goals Recognise and respond to emotions</p> <p>4. Safeguarding: Clever never Goes - replaces Stranger Danger approach</p> <p>5 RSHE Y3 Physical Health and fitness RSHE Y4 Healthy Eating revision (<i>Links Science</i>)</p> <p>6 Safeguarding/Online Safety Self-Image and Identity World-view/Go-givers: Healthcare: Improving Life Chances</p>	<p>1.Safeguarding/Online Safety Project Evolve: Online Relationships</p> <p>2.RSHE - Caring friendships – conflict resolution, peer pressure</p> <p>3.British/Go-givers: Democracy Pt1 (<i>Links to Greek Democracy</i>) British/Educate Against Hate: Greek Democracy</p> <p>4. Safeguarding/Go-givers: Peer Pressure: It’s Your Choice (<i>Links to Online Safety</i>)</p> <p>5. RSHE: Tricky Friends – Peer pressure (<i>Links to Anti-Bullying Week</i>)</p> <p>6. Safeguarding/RSHE: Basic first aid</p>	<p>1.British/Go-givers (DEBATE): Where do you stand? (<i>Links to Persuasive Letter</i>)</p> <p>2.Environment/Go-givers: Protecting local Habitats</p> <p>3.Environment/Go-givers: The Earth in Our Hands</p> <p>4.Environment/Go-givers: Oil Disaster in the Gulf of Mexico – Links with Ecology and Water Cycle</p> <p>5.Norfolk Heritage: The Siege of Lynn by Sir Hamon Le Strange of Hunstanton</p> <p>6.Safeguarding/Online: Online Reputation</p>	<p>1.Environment/Go-giver: The Value of Trees</p> <p>2.Safeguarding/Online: Managing Online Information</p> <p>3.British/Educate Against Hate: Trusting HTML (<i>Links to Computing</i>)</p> <p>4.Safeguarding/Fire Safety: Detection and Escape</p> <p>5. Health/Go-Givers Health and prevention – Microorganisms Keeping Clean</p>	<p>1.Safeguarding/Online: Health, Well-Being and Lifestyle</p> <p>2.British/Go-givers: The Queen : A Life of Giving</p> <p>3.British/Parliament: Debating Pack</p> <p>4.Safeguarding/RNLI: Fly the Flag (<i>Links with Union Jack & RSHE</i>)</p> <p>5.Y3 Safeguarding/ Sun Safety: George and the Sun Safe Superstar</p> <p>6.Norfolk Heritage: The Plague in King’s Lynn</p>	<p>1.Safeguarding/Online: Privacy and Security</p> <p>2. Equality / NWA Y3-1: Families and people who care for me – different families same love. Equality / NWA Y4-1: Families and people who care for me – Marriage including same sex marriage</p> <p>3. NWA Y3-3: Respectful relationships –Stereotypes</p> <p>Equality/ NWA Y4-3: Respectful relationships - different families same love.</p> <p>4. NWA Y3-6: My Body –Changing bodies and emotions NWA Y4-6: Changing adolescent body</p>

	<p>7.Equality/Go-givers: The Para-Olympic Games (Link to Athens Home of the Olympics)</p>					<p>5. Safeguarding/ NWA Y3-4: Online relationships– Secrets and Surprises NWA Y4-4: Online relationships– Risks with social media and how to get help</p> <p>6. Safeguarding/ NWA Y3-5 Being safe – Safe Touches NWA Y4-5: Being safe – Public, Private, Touches</p>
<p>Year 5 – 6 Year B</p>	<p>1. Transition/Go-givers: Rules</p> <p>2. Go-givers: Your Amazing Brain: Becoming a Resilient Learner</p> <p>3. Pastoral/Go-givers: Bereavement - Treasure Memories (Links with Growth stages)</p> <p>4. Safeguarding/Go-givers – Internet Detectives (Online Safety)</p> <p>5. Project Evolve – Yr 5 Health, well-being and lifestyle (Online safety)</p> <p>6. Safeguarding/RSHE: Basic first aid</p>	<p>1. British/Go-givers: The Benefit System (<i>Linked to Workhouses and Victorian Reform</i>)</p> <p>2. World-view/Go-givers: The Right to Education (Links to Victorian Reform)</p> <p>3. World-view/Go-givers: The GAP Exposed: Child Labour</p> <p>4. World-view/Go-givers: Strong Societies (Links with Australia)</p> <p>5. World-view/Go-givers: Child Slavery: All for Profit</p> <p>6. Project Evolve: Yr5 Online Reputation (online safety)</p>	<p>1. British/Educated Against Hate: Stereotyping (Links to Rise of Hitler)</p> <p>2. Health/Go-givers: Understanding Cancer</p> <p>3. British/Go-givers: Independence for Scotland</p> <p>4. Environment/Go-givers: Climate Change (Links to Sustainable Development)</p> <p>5. British/Go-givers – The Troubles in Northern Island (<i>Links to Scotland</i>)</p> <p>6. Project Evolve: Yr5 Online Bullying (Online Safety)</p>	<p>1. World-view/Educate Against Hate: Refugees(Links with WWII)</p> <p>2. Pastoral/Go-givers: Seeking a Refuge</p> <p>3. British/Go-givers: Moral Values: When is Enough, Enough? (Links to WWII)</p> <p>4. World View/Go-givers: The Food Shortage(WWII)</p> <p>5. Safeguarding/RNLI – Cold Water Impact</p> <p>6. Project Evolve: Yr5 Managing online information (Online Safety)</p>	<p>1. British/Go-givers: Rights and Responsibilities: Freedom (<i>Links to Bill of Rights and Central America</i>)</p> <p>2. British/Parliament: The Creation of Parliament</p> <p>3. British/Parliament: Magna Carta (Links to Human Right)</p> <p>4. Project Evolve: Yr5 Self-image And identity (Online Safety)</p> <p>5. RSHE: Families and people who care for me &Caring friendships</p> <p>6. RSHE: Respectful relationships & Online relationships/ Internet safety and harms</p>	<p>1. British/School Out: Internalised Discrimination</p> <p>2. Safeguarding/RSHE: Being safe</p> <p>3. RSHE: Changing adolescent body (Yr5) , Sex and reproduction (Yr6)</p> <p>4. Well-being/RSHE Mental wellbeing & Physical health and fitness</p> <p>5. Safeguarding/RSHE: Drugs, alcohol and tobacco (Year 6) DART</p> <p>6. Project Evolve: Yr5 Online Relationships (Online Safety)</p>
<p>Year 5 – 6 Year A</p>	<p>1. Safeguarding/Go-givers: Rules</p> <p>2. Safeguarding/Go-givers: Your Amazing Brain: Becoming a Resilient Learner</p> <p>3. Safeguarding/Go-givers: Microorganisms (<i>Links to Classification</i>)</p> <p>4. World-view/Go-givers: Mary Seacole and Florence Nightingale: Pioneering Nurses (<i> Links to Microorganism and hygiene</i>)</p> <p>5. British/Go-givers: Scapegoat (Islamic beliefs)</p> <p>6. Project Evolve: Yr6 Health, well-being and lifestyle (Online safety)</p> <p>7. Safeguarding/RSHE: Basic first aid</p>	<p>1. Safeguarding/Go-givers: Disaster: Quake</p> <p>2. Safeguarding/RNLI: Grace Darling</p> <p>3. Safeguarding/RNLI: <i>History of Boats & How Risky is this?</i></p> <p>4. British/Educate Against Hate – Global Community (Links to Disaster)</p> <p>5. Safeguarding/Go-givers: Tsunami</p> <p>6. British/Educate Against Hate: Anglos Saxons</p> <p>7. Project Evolve: Yr6 Online Reputation (online safety)</p>	<p>1. World-view/Go-givers – How Should we Farm?</p> <p>2. SRE/Schools Out: Keith Haring Art (<i>Links with Art & LGBT Month Feb</i>)</p> <p>3. British/Go-givers: Righting Wrongs - Discriminating against gay people</p> <p>4. World-view/Go-givers: The Immigration Debate (<i>Links to British Empire</i>)</p> <p>5. Safeguarding/Go-givers: Drugs, Alcohol and the Law (links with the BE)</p> <p>6. Project Evolve: Yr6 Online Bullying (Online Safety)</p>	<p>1. British/Educate Against Hate: Liverpool (Links to Merseyside and Slavery)</p> <p>2. World-view/Go-givers: Nelson Mandela (<i>Links to Slavery & Martin Luther King</i>)</p> <p>3. Pastoral/Go-givers: Martin Luther King (<i>Links with Nelson Mandela and Slavery</i>)</p> <p>4. SRE/School Out: If we must die (LGBT Month: Links to Slavery & Martin Luther King)</p> <p>5. World-view/Go-givers: Mali</p> <p>6. World-view/Go-givers: Water: Our Most Precious Resource(links to Africa)</p> <p>7. Project Evolve: Yr6 Managing online information (Online Safety)</p>	<p>1. British/Parliament: WW1 and Parliament</p> <p>2. British/Go-givers: Tax Part 1-3</p> <p>3. British/Go-givers: Individual Liberty</p> <p>4. Project Evolve: Yr6 Self-image and identity (Online Safety)</p> <p>5. RSHE: Families and people who care for me &Caring friendships</p> <p>6. RSHE: Respectful relationships & Online relationships/ Internet safety and harms</p>	<p>1. British/Parliament: <i>Suffragettes</i></p> <p>2. RSHE: Being safe</p> <p>3. RSHE: Changing adolescent body (Yr5) , Sex and reproduction (Yr6)</p> <p>4. RSHE Mental wellbeing & Physical health and fitness</p> <p>5. RSHE: Drugs, alcohol and tobacco (Year 6) DART</p> <p>6. Project Evolve: Yr6 Online Relationships (Online Safety)</p>